

# WORKSHOP for MESSAGE THERAPISTS

*Presented by: Randy Thomas, PT*

*Wednesday, February 24, 2010*

**5:30 to 7:00 PM *Free Admission!***



Professionals:  
Take Care of Your  
Own Bodies Too!

◆Join us at this interactive workshop to learn how to position yourself, using proper body mechanics to increase your effectiveness and protect your hands and body.



◆Learn self-treatment techniques to relieve the stress on your back and neck

**PROLONG YOUR CAREER!**

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*Please RSVP  
to reserve*

