

WORKSHOP for MESSAGE THERAPISTS

Presented by: Randy Thomas, PT

Tuesday, March 20, 2012

5:30 to 7:00 PM ***Free Admission !***



Professionals:
Take Care of Your
Own Bodies Too !

- ◆ Join us at this interactive workshop to learn how to position yourself, using proper body mechanics to increase your effectiveness and protect your hands and body.
- ◆ Learn self-treatment techniques to relieve the stress on your back and neck
- ◆ Increase your endurance for deep tissue work



*Plan to Attend this Problem Solving Workshop
We will be raffling off a Free Initial Evaluation*

PROLONG YOUR CAREER !

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**Please RSVP
to reserve
your spot!**

