

# HIP PAIN WORKSHOP

Presented by: Cheryl J. Wynn, DPT

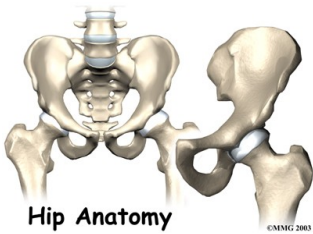
Thursday, July 22, 2010

5:30 to 7:00 PM

Fee: \$10.00



Call today to reserve your spot at this informative workshop.



Get "HIP" with  
Thomas  
Physical Therapy

- ◆ Are you suffering with groin, upper thigh, hip or buttock pain?
- ◆ Does it hurt to lie on your side?
- ◆ Do you have difficulty getting up from a chair?
- ◆ Are you still having trouble walking after your hip replacement surgery?
- ◆ Do you have difficulty putting on your shoes?
- ◆ Learn pain relieving positions for sleeping, sitting and driving
- ◆ Learn how to stretch and strengthen your hip

THEN THIS INTERACTIVE  
WORKSHOP IS FOR YOU!

*Bring a friend to the workshop  
and you both attend free !*

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